



SSA-Northside Goalkeeping Program

Overview of the Goalkeeping Program

SSA Northside provides Goalkeeping Training for their goalkeepers throughout the season for our members. The sessions typically start with agility and a handling warm up then technical training on the topic of the day. After the keepers have down the proper technique the session then changes to more game-like situation training.

Spring Times/Days for Goalkeeping

6:00-7:00 Wednesday Nights at Galloway- U12-U15 Goalkeepers

6:00-7:00 Friday Nights at Galloway- Open to all Goalkeepers

Goalkeeper Coaches

Wesley Lutz (Oglethorpe Men's assistant)

Mallory Sayre (Oglethorpe Woman's assistant)

Kyle Johnston (Former Collegiate Goalkeeper)