

Open House & Presentation

January 27 & February 1, 2016



Changes Coming in Fall 2016

- In accordance with US Soccer's youth soccer mandate, Georgia Soccer is implementing two major changes starting in the Fall 2016 season:
 - Change of small-sided games format
 - Calendar year registration for youth players



Small-Sided Games



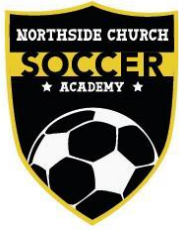
Standards Chart



	U9	U10	U11	U12	U13
Max. Field Size (yards)	47x30	47x30	75x47	75x47	112x75
# of Players	7v7	7v7	9v9	9v9	11v11
Goalkeeper?	Yes	Yes	Yes	Yes	Yes
Playing Times	2x 25 min.	2x 25 min.	2x 30 min.	2x 30 min.	2x 35 min.
Break Times	10 min.	10 min.	10 min.	10 min.	15 min.
Ball Size	4	4	4	4	5
Goal Size (ft)	6.5x18.5	6.5x18.5	6.5x18.5	6.5x18.5	8x24
Offside?	Yes	Yes	Yes	Yes	Yes

Were 6v6

Were 8v8



Small-Sided Games-Why the Change?

From U.S. Soccer:

- Develop skills on the ball & game intelligence
- Increase number of touches and control Improve confidence
- Promote faster decisions and better awareness
Develop partnerships within the team
- Provide age appropriate environment
- Add a build-out line to relieve pressure in front of goal to encourage building from the back

Georgia Soccer is not mandating these changes for 2016-17 but is encouraging them as they will be mandated in 2017-18.



Calendar Year Registration-Why?

From U.S. Soccer:

- Alignment with the international age groups
- Combat relative age effect
- A selection bias towards players born earlier in the year because they are more physically mature than their peers
- A balance of players born throughout the year is recommended
- Allows for continued development of players who have yet to mature physically

Questions: What months are most affected? What about U15 8th graders in spring season? Can my child play up? What happens at tryouts?



Age Groups Starting 2016-17



Birth Year and Season Matrix

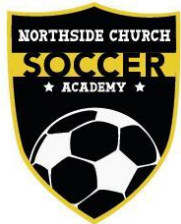
When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format "U followed by age" really means that age and younger. For example, U8 should be read as 8 and younger. For more age-group information please reference [U.S. Soccer's Player Development Initiatives](#).

Season	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
Birth Year									
2020									
2019									U6
2018								U6	U7
2017							U6	U7	U8
2016						U6	U7	U8	U9
2015					U6	U7	U8	U9	U10
2014				U6	U7	U8	U9	U10	U11
2013			U6	U7	U8	U9	U10	U11	U12
2012		U6	U7	U8	U9	U10	U11	U12	U13
2011	U6	U7	U8	U9	U10	U11	U12	U13	U14
2010	U7	U8	U9	U10	U11	U12	U13	U14	U15
2009	U8	U9	U10	U11	U12	U13	U14	U15	U16
2008	U9	U10	U11	U12	U13	U14	U15	U16	U17
2007	U10	U11	U12	U13	U14	U15	U16	U17	U18
2006	U11	U12	U13	U14	U15	U16	U17	U18	U19
2005	U12	U13	U14	U15	U16	U17	U18	U19	
2004	U13	U14	U15	U16	U17	U18	U19		
2003	U14	U15	U16	U17	U18	U19			
2002	U15	U16	U17	U18	U19				
2001	U16	U17	U18	U19					
2000	U17	U18	U19						
1999	U18	U19							



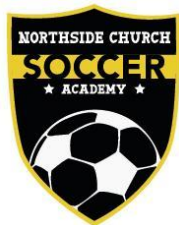
ACADEMY PHILOSOPHY

- Technical development is key-it is easier to develop proper technique and fundamentals at U9/U10 than U11/U12, and easier at U11/U12 than U13+ and so on
- If a player can't pass, receive, dribble or shoot he or she will struggle to be an effective player
- Tactics are introduced as we improve and develop technically
- We are not as concerned with results as we are with the overall development of the individual player and the team
 - For example, a team may lose 1-3 but had 80% possession and only conceded goals off of long punts/set pieces
 - Or a team may win 2-1 but never completed more than 2 consecutive passes and only looked to boot ball and hope for scoring chances (as opposed to trying to build from back)



CURRICULUM

- Northside Soccer Academy has a curriculum that coaches will follow from the pre academy age groups through U12
- Helps coaches with player development and gives them a training topic to focus on each week
- Playing Style - our curriculum is based on a possession style of soccer and building out of the back/using goalkeeper as another field player



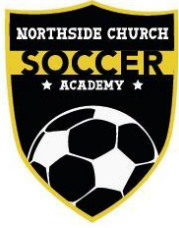
CURRICULUM (2)

NSA ACADEMY SOCCER CURRICULUM

WEEK	PRE ACADEMY	PRE ACADEMY	U9/10 PRACTICE 1	U9/10 PRACTICE 2	U11/12 PRACTICE 1	U11/12 PRACTICE 2
WEEK 1	Dribbling Focus on proper dribbling technique using both feet	Dribbling Build on session 1 and start to incorporate turns	Dribbling Focus on proper dribbling technique using both feet	Dribbling Build on session 1 and start to incorporate turns	1v1 Attacking Step over, scissors, cut catch, feint one way go another, Stanley Mathews, pull push, etc...	1v1 Attacking Step over, scissors, cut catch, feint one way go another, Stanley Mathews, pull push, etc...
WEEK 2	Dribbling & Turning Pull backs, inside of foot, outside of foot	Dribbling & Turning Pull backs, inside of foot, outside of foot	Dribbling/RWB and Shooting Focusing on proper technique when dribbling/shooting	Dribbling/RWB and Shooting Focusing on proper technique when dribbling/shooting	2v1 Attacking Focus on engaging defender and then making the right decision and combinations	2v1 Attacking Focus on engaging defender and then making the right decision and combinations
WEEK 3	1v1 Attacking Step over, scissors, cut catch, feint one way go another, Stanley Mathews, pull push, etc...	1v1 Attacking Step over, scissors, cut catch, feint one way go another, Stanley Mathews, pull push, etc...	1v1 Attacking Step over, scissors, cut catch, feint one way go another, Stanley Mathews, pull push, etc...	1v1 Attacking Step over, scissors, cut catch, feint one way go another, Stanley Mathews, pull push, etc...	3v2 Attacking Final third combinations, shooting & crossing and finishing	3v2 Attacking Final third combinations, shooting & crossing and finishing
WEEK 4	Passing/Possession Short passing and receiving focus on proper technique both feet, 2 touch	Passing/Possession Short passing and receiving focus on proper technique both feet, 2 touch	2v1 Attacking Focus on engaging defender and then making the right decision and combinations	2v1 Attacking Focus on engaging defender and then making the right decision and combinations	Passing/Possession Short and long passing and receiving focus on proper technique both feet, 2 touch	Passing/Possession Short and long passing and receiving focus on proper technique both feet, 2 touch
WEEK 5	Passing/Possession Short passing and receiving focus on proper technique both feet, 2 touch	Passing/Possession Short passing and receiving focus on proper technique both feet, 2 touch	Passing/Possession Short passing and receiving focus on proper technique both feet, 2 touch	Passing/Possession Longer passing and receiving focus on proper technique both feet, 2 touch	Passing/Turning Inside and outside of the foot turning while building on previous session and possession	Passing/Turning Inside and outside of the foot turning while building on previous session and possession

FORMATIONS: The following are the formations that Northside Soccer Academy will use moving forward at the Pre Academy (6v6), U9/U10 (6v6) and U11/U12 (8v8) levels. We chose these as they equate to the 11v11 model and the 4-3-3 formation that Northside Soccer Academy suggest for U13-U18 ages groups.

6v6 – 1-2-3
8v8 – 1-2-3-2



Key Upcoming Dates

- **Spring 2016 Academy/Select End of Season Tournaments:** May 21-22
- **May Development Camp:** May 23-26
- **U9-U13 Tryouts:** Tuesday, May 31-Friday, June 3
- **U14+ Tryouts:** Monday, June 6-Thursdady, June 9